

Titration Protocols with Basal Insulins

	Basal Insulin	Every	Based on	By who ?	FPG (mmol/L)											
					0	1	2	3	4	5	6	7	8	9	10	11
Treat to Target	Glargine	week	Mean preceding 2 days	nurse	0					+2	+4	+6		+8		
EDITION trials	Glargine U300	week	Median last 3 days	nurse	-3			0	+3		+6					
BEGIN trials step-wise	Degludec	week	Lowest of last 3 days	nurse patient	-4		-2	0	+2	+4	+6	+8				
BEGIN simple step trial	Degludec	week	Same day measure	nurse patient	-4		0		+4							
INSIGHT	Glargine U100 and U300	day	Same day measure	patient					0	+1						

1. Riddle MC, et al. *Diabetes Care* 2003;26:3080-86. 2. Bolli GB, et al. *Diabetes Obes Metab* 2015;17:386-94.
 3. Philis-Tsimikas A, et al. *Adv Ther* 2013;30:607-22. 4. Gerstein HC, et al. *Diabet Metab* 2006;23:736-42.
 5. Yale JF, et al. ADA Meeting. New Orleans, USA. 2016. Poster LBA-5918.